



Light Up Your Mindset

With:

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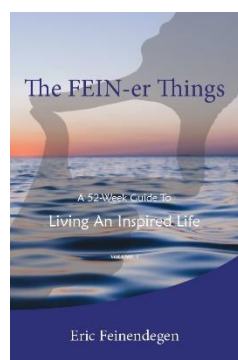
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Fixed to Growth Mindset

Mindset is the _____ to success.

Fixed mindset - Basic abilities, intelligence, and talents are all finite traits. Blessings are scarce. Tendencies are to avoid challenges and to give up easily. A fixed mindset is when we tend to believe that this is as good as it gets. When you encounter an obstacle or challenge, your first thought is to give up. When feedback is given, it's ignored. We all have areas in our life where we have a fixed mindset.

Growth mindset - Talents and abilities can be developed through effort, good teaching, and persistence. Blessings are abundant. Challenges are embraced, and there is persistence in the face of setbacks. A growth mindset is about embracing challenges and finding a way around obstacles. Seeing effort as a pathway to success and listening to feedback. Being inspired and learning from the success of others. A willingness to not only embrace, but SEEK OUT change.

5 Ways to Develop a Growth Mindset

1. Ask Better Questions

Ask questions that _____ you, not _____ you.

WHERE ARE YOU STUCK?

Change your questions from WHY to WHAT



2. *Change Your Environment*

A growth mindset is directly influenced by the people you associate with.

There is a connection between Growth and Change.

What do you need to change?

Music * Thoughts * Experiences * Friends * Recreation * Soul * Hopes



Home * Giftedness * Memories * Books

What three ways can you improve and optimize your environment?

1.

2.

3.



“If I had an hour to solve a problem, I would spend the first 55 minutes determining the proper questions” – Albert Einstein

3. Start Up Thinking

Mindset Makeover:

We must see the world not for what it is, but what it can be.

Start Up Thinking - approaching challenges and opportunities with the same urgency, innovation, and customer-centric focus that one would have on the first day of a new venture or project. This mindset emphasizes a willingness to take risks, experiment with new ideas, and prioritize customer needs and satisfaction.

The world is constantly changing. To remain competitive, we MUST change with it.

Pre-Programming: For most of our lives, we've been taught
WHAT to think, not **HOW** to think.

Top Ten Start Up Thinking Tips

- 1. Eat Dessert First**
- 2. Create Daily**
- 3. Question Everything**
- 4. Don't Do it Alone**
- 5. Change Often**
- 6. Forecast the Future**
- 7. Always be the Student**
- 8. Diversify your Network**
- 9. Hang Around the Freaks**
- 10. Seek Feedback**



4. *Expand Your Comfort Zone*

We must learn to get comfortable being uncomfortable.

Taking risks is the only way to move outside your comfort zone.

The Rewards of Risk

You're more likely to regret the things you don't do than the things you do.

In a world of hyper-disruption, risk is required to remain relevant.

Risk taking is personally rewarding. Expanding your comfort zone is undeniably satisfying.

Staring down fear and "going for it" is the ultimate Confidence Creator

"I always did something I was a little not ready to do. That's how you grow." – Marissa Mayer, former CEO of Yahoo

5. **Take Action Today!**

**Action is the bridge between mindset
and manifestation**

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